



# Arrowhead News

Centre for Native Education

December 2000



## First Peoples Studies at Concordia

Another meeting was held on December 7 by the Committee for the Creation of a First Peoples Studies program. The purpose of the meeting, attended by Native students and Concordia faculty, was to elaborate a vision statement, explore the use of the right terminology and discuss future actions.

After discussing the pros and cons of every term used to designate Native peoples, members of the committee settled on First Peoples as the term most inclusive of all Indians, Inuit and Metis peoples.

Included with this newsletter is a draft copy of the vision statement for the First Peoples Studies program. Please contact Manon

Tremblay at the Centre for Native Education for any comments or suggestions. The next meeting will be held on January 18, 2001.

## Congratulations!

Congratulations to Richard Nelson, a 4<sup>th</sup> year engineering Mik'maw student who has just received the CN Aboriginal Scholarship Award! This is, as far as we know, the second award in less than a year for Richard who also won an award from the National Aboriginal Achievement Foundation. Keep up the good work!

## Duck Soup for the Aboriginal Soul

He who knows others is wise; he who knows himself is enlightened.

- Lao Tzu



### **Sweetgrass and Buffalo Chips**

The bouquets and brickbats of the Aboriginal world.

**Sweetgrass** to the people of Sheshatsiu and Davis Inlet for having the guts to expose their pain to the entire world in order to get help. Rolling the political dice, the leaders of Sheshatsiu couldn't have made their plea at a better time. An election was coming and the whole country was watching. Result: a commitment from the federal government to build a treatment facility to treat addicted children.

**Buffalo Chips** to the National Post for consistently misrepresenting Native peoples by publishing biased and prejudiced articles on Native issues. The National Post seems to go out of its way to publish articles designated to raise the ire of the Canadian public against Native peoples.

**Buffalo Chips** to the Canadian and B. C. governments for presenting a written apology to the Nuuchahnulth people of the Tsheshasht reserve for the treatment of Native children in residential schools. The apology is said to pave the way for formal treaty negotiations between the Nuuchahnulth and the federal and provincial governments. The question is: What took you so long? And what about the rest of us?

**Sweetgrass** to Waneek Horn-Miller for representing the First Nations at the Sydney 2000 Summer Olympics. Waneek, who came home two weeks ago, was met by a large crowd of well wishers from her home community of Kahnawake. Waneek, we are in awe of your accomplishments!

### **Indian Time**

*(The opinions expressed in this column are those of the author and do not necessarily reflect the views of Concordia University).*

#### **The Native Way**

As I sit here and finish reading yet another blatantly biased (and sometimes purposefully misleading) article about the goings-on at the Native Friendship Centre, I can't help but think about what has happened to us as individuals and as a people. The past couple of months have been difficult ones indeed for anyone who is intimately connected to the Friendship Centre. First came the "news" of irregular finances and management practices, followed by the suspension of the NFCM's executive director and her assistant pending investigation. It was all downhill from there. Muckraking and mudslinging became the *ordre du jour*, day after day after day.

I have come to the sad conclusion that we are in effect, assimilated into the mainstream culture. In condemning the actions of others and justifying their own, people have been heard to say that the other side's way of doing was not "the Native way". But what is the Native way? Is it insulting or threatening your opponent with everything under the sun? Is it purposefully spreading falsehoods to advance your own cause? Is it thinking only of one's own interests instead of that of the entire community? One thing is for certain, our ancestors must be ashamed of all of us.

In my (Plains Cree) culture, a brave individual is not one who keeps on fighting when he/she knows the battle is lost. Bravery is about grace under pressure. A warrior is considered a much more worthy individual when, rather than kill, he sets his differences aside and makes peace with his opponent. A husband is considered a better man when, rather than kill his unfaithful partner, he forgives her and gives her up to the other man. Publicly. That is the Native way.

The division that now exists in the Native community is not a result of the NFCM turmoil. It has always been there, lurking inside everyone of us. And until we are at peace within ourselves, we can not hope to be at peace with our community. Pray for guidance, fast if necessary, then embrace your adversaries. Our survival as a people depends on it.

*M. Tremblay*



### What's your Moose?

I applaud Concordia's no smoking policy but what gets my moose is having to run the gauntlet of smokers every time I try to use the side door of the Hall Building on Mackay street. Can't smokers leave us a little breathing room? I mean, a body has to dodge smokers left and right before getting to and from the Hall Building. The air is

foul and the ground is littered with cigarette butts.

- Anonymous

*Anonymous is a student who wishes to remain so in order not to offend his or her smoking friends. (The opinions expressed in this column are those of the author and do not necessarily reflect the views of Concordia University).*

### Frybread Corner

Last week's potluck was a big success and many people asked for the recipe for the deer stew. Here it is and enjoy!

#### Deer Stew

1/4 cup	flour
1 1/2 tsp	salt
1 tsp	garlic powder
1/2 tsp	pepper
	pinch of cayenne pepper
3 lbs	deer meat cut in 1 inch cubes
2 tbsps	vegetable oil
2	large onions, sliced
1 lb	mushrooms, sliced
1	5-oz can tomato paste
1 tbsps	brown sugar
1 tsp	marjoram
1 tsp	oregano
1 tsp	thyme
3 cups	beef stock
1 cup	dry red wine (optional)
1	12-oz package baby carrots
1	large sweet potato, peeled and diced
2	large potatoes, peeled and diced

In large resealable plastic bag, combine flour, salt, garlic powder, pepper and cayenne pepper. Add deer cubes and shake to coat.

In large Dutch oven, heat half the vegetable oil over medium-high heat; brown deer in batches, adding remaining oil as needed. Set meat aside. In same pot, cook onions and mushrooms, stirring often, for about 5 minutes or until onions are softened. Add tomato paste, sugar, marjoram, oregano and thyme; cook for 1 minute. Add beef stock and wine; bring to boil, stirring to scrape up any brown bits on bottom of pot. Return deer and any accumulated juices to the pot. Cover and simmer for two hours.

Add carrots, sweet potato and potatoes. Cover and simmer for 30 minutes or until carrots are cooked. Makes 8 to 12 servings.



# The Concordia Page

## Dates to remember

Concordia University and the Centre for Native Education will be closed from Saturday, December 23, 2000 to January 2, 2001 inclusively. Happy Holidays to everyone!

**January 4, 2001** Classes begin

**January 12** Last day to add winter term courses

**January 12** University Writing Test

**January 15** Last day to apply for degrees, diplomas and certificates for Spring 2001 graduation

**January 15** Last day to apply for DEF (deferred) or MED (medical) notation for courses ending in December 2000

**January 18** Deadline for withdrawal with tuition refund from winter-term courses.

## Awards and Scholarships

Please call the Centre for Native Education for further information on the following:

### Robert Markle Scholarship

For First Nations students enrolled in a visual arts program at a post-secondary institution. Deadline for application: March 31, 2001.

Amount: \$1,200

### Gil Purcell Memorial Journalism Scholarship for Native Canadians

To be awarded to a First Nations student studying journalism at a recognized university or college. Deadline for application: December 31, 2000

Amount: \$4,000

### Etungat Inuit History Essay Prize

\$500 will be presented for the best history essay based on an Elder's story and written by an Inuk student enrolled at any Canadian university or college. For applications and guidelines, please visit the following website:

[www.uottawa.ca/associations/aucen-acuns](http://www.uottawa.ca/associations/aucen-acuns). Deadline: January 31, 2001.

## Aboriginal Training Program in Museum Practices

The Canadian Museum of Civilization offers an internship in museum practices for First Nations students enrolled in a post-secondary program in the fields of museology, arts or social sciences. Training can be credited towards a post-secondary program. The internship runs from September 5 to April 24, 2002.

Deadline for Application: March 15, 2001

Please contact the Centre for Native Education for more information.

Wishing you all a  
Happy Holiday Season  
and most of all, a  
well deserved break!

See you in the New  
Year!

## Centre for Native Education

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— c o n c o r d i a —

The logo features a stylized graphic of a building or roof structure composed of several parallel diagonal lines. Below this graphic, the words "Student SERVICES" are written in a serif font, with "Student" in a smaller size above "SERVICES".

Student  
SERVICES

Advocacy  
& Support Services